

# Anita Van Tellengen

Reseda, CA

Home phone - (818) 996-5241

Cell phone - (818) 534-6948

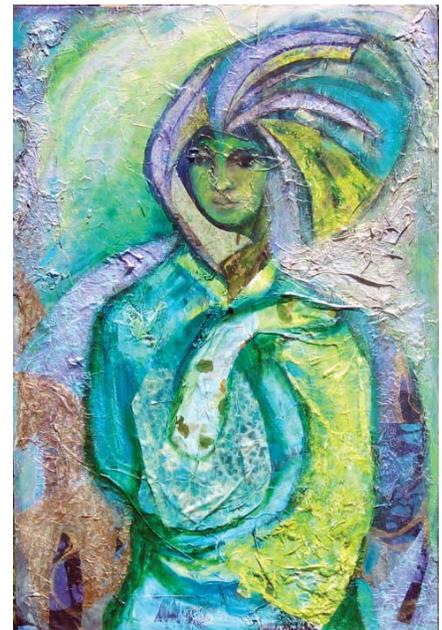
E-mail - anita@artistavt.com

website - colourangel@artistavt.com

I began painting because I had a yearning. I would hear or read something that caught my interest, and would have an image in my head that I wanted to paint so I could see it more clearly. Over time I found that the process of painting became a dialogue between me and the image I was trying to capture. Sometimes I started out with only a hint of what the finished work would be, and that was when I found that some things want to be laid out on paper, others prefer wood, and still others like canvas. I tend to do most of my painting on wood.



Size matters to the process. It also makes a difference as to what medium I use. For example, I am in the process of doing a series of 6 works that I call "Colour Angels" and each one is on wood 36" X 24". So far, I have used acrylic and collage for 2 of them, and encaustic and mixed-media for 2 others. The idea is that since the word "angel" really means "messenger," I am working to show the essential nature or message about the esoteric meaning of each color.



I like to use a lot of texture most of the time to show the different dimensions of a particular color. Shiny is different from the same color rough or flat.

My goal is to create paintings that provide a visual bridge between the conscious world of everyday life and the unconscious, esoteric world of imagination, which is often hidden, and not even acknowledged except in our dreams. I am a rational mystic working to bring into plain view that wonderful mysteriousness that lives in the right side of the brain, and keeps us from becoming machines.



improvisations<sup>3</sup>

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**A**nita Van Tellengen was born in Taft, California and grew up in Chicago, where her family moved before her first birthday. Her mother kept a close watch on her education from a very early age, enrolling her for private tutoring in ballet, violin, piano, diction, and singing. She was sent to a succession of both public and private schools, which included University of Chicago Laboratory High School and Westminster Choir College in Princeton NJ, where she received a degree in music.



**E**ven before getting her music degree, Anita was using words as an art form. She started writing poetry in the third grade, and has been at it off and on ever since. In her adult life, she took time out to experience two marriages, some births, some deaths, some friends, enemies, love and joy in between grief and hard times.

**S**he has been painting for almost 15 years and names Estella Gulatt and Cynthia Ebin as the two private instructors who have had the greatest influence on her work. In addition to being a commissioned painter and sculptor, she is also an accomplished musician and continues to sing professionally in the Los Angeles area.

**A**nita belongs to the San Fernando Valley Art Club, Valley Artists Guild, Collage Artists of America as well as the L.A. Experimental Artists group. She has exhibited in Ventura, and Channel Islands Gallery, as well as various other galleries in the greater Los Angeles area. She paints and lives in the San Fernando Valley.



improviZations<sup>3</sup>