

# Anita Van Tellingen

Reseda, CA

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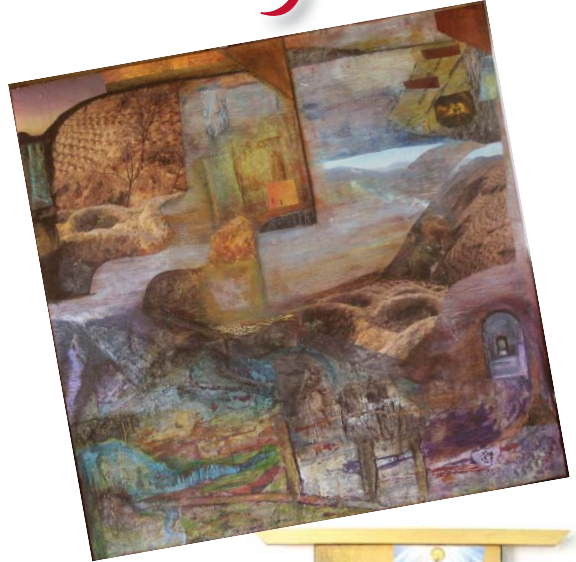
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I began painting because I had a yearning. I would hear or read something that caught my interest, and would have an image in my head that I wanted to paint so I could see it more clearly. Over time I found that the process of painting became a dialogue between me and the image I was trying to capture. Sometimes I started out with only a hint of what the finished work would be, and that was when I found that some things want to be laid out on paper, others prefer wood, and still others like canvas. I tend to do most of my painting on wood.

Size matters to the process. It also makes a difference as to what medium I use. For example, I am in the process of doing a series of 6 works that I call "Colour Angels" and each one is on wood 36" X 24". So far, I have used acrylic and collage for 2 of them, and encaustic and mixed-media for 2 others. The idea is that since the word "angel" really means "messenger," I am working to show the essential nature or message about the esoteric meaning of each color.

My goal is to create paintings that provide a visual bridge between the conscious world of everyday life and the unconscious, esoteric world of imagination, which is often hidden, and not even acknowledged except in our dreams. I am a rational mystic working to bring into plain view that wonderful mysteriousness that lives in the right side of the brain, and keeps us from becoming machines.



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**A**nita Van Tellengen was born in Taft, California and grew up in Chicago. Her family had moved there before she was a year old. Her mother kept a close watch on her education from a very early age, enrolling her for private tutoring in ballet, violin, piano, diction, and singing. She was sent to a succession of both public and private schools, including University of Chicago Laboratory High School and Westminster Choir College in Princeton, NJ, where she received her degree in music.

**E**ven before getting her music degree, Anita was using words as an art form. She started writing poetry in the third grade, and still finds time to write sporadically. She has been married three times, the last time less than a year ago to her delicious husband, Russell. She has also experienced some births, some deaths, some friends and enemies, as well as love and joy mixed in with the grief of hard times.

**S**he has been painting for 15 years, and names Cynthia Ebin and Estella Gullatt as the two private art instructors who have had the greatest influence on her work. In addition to being a commissioned painter and sculptor, she is also an accomplished musician and continues to sing professionally in the Los Angeles area.

**A**nita belongs to the San Fernando Valley Art Club, Women Painters West, Collage Artists of America, Southern California Women's Caucus for the Arts, as well as LA Experimental Artists. She has exhibited in galleries in Ventura and Channel Islands as well as in the greater Los Angeles area. She lives and creates in the San Fernando valley.



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